# Breakfast Menu

Egg Whites Available Upon Request

# **BREAKFAST SPECIALS**

### EGG DISHES

Bagel and Lox Everything Bagel, Cream Cheese, Tomato, Red Onion and Capers with Lox and Lemon Zest \* 14.50

**Texas French Toast** with Fresh Berry Compote Thick Slices of Brioche, Dipped in Cinnamon Batter, Topped with Fresh Berry Compote and Dusted with Powdered Sugar 14.25

**Buttermilk Blueberry Pancakes** Three Pancakes Filled with Blueberries with Maple Syrup, Topped with Powdered Sugar 14.25

**Old Fashioned Buttermilk Pancakes** Served with Maple Syrup and Butter 13.75

Corned Beef Hash Diced Corned Beef, Onion, Potatoes, Bordelaise Sauce, Topped with Two Poached Eggs \* 17.75

# **HEALTHY START**

Good Start Breakfast A Bowl of Granola, Topped with Fresh Berries, Bananas and Low-Fat Yogurt 13.75

Egg White Omelette Mushrooms, Tomato and Scallions, Served with an Avocado-Tomato Salsa and Seasoned Sliced Tomato 16.75

Fresh Seasonal Fruit Plate A Plate of Vine and Tree Ripened Fruit, Melons and Fresh Berries, Served with Cottage Cheese or Yogurt 17.50

#### CEREALS

Hot Irish Steel Cut Oatmeal Served with Brown Sugar, Raisins & Milk 11.00

Housemade Granola 9.50 with Fresh Berries and/or Bananas Add 1.00

Cold Cereal 8.75 with Fresh Berries and/or Bananas Add 1.00

4 50	Hot Chocolate	3.50
4.50	Milk (2% or Non-Fat)	3.50
2.75	Fresh Squeezed Orange Juice	4.25/5.50
6.25	Fresh Squeezed Grapefruit Juice	4.25/5.50
7.50	Cranberry or Pineapple Juice	4.25/5.50
6.50	Apple or Tomato Juice	4.25/5.50
ellfish or Sea ase let your se	food May Increase your Risk of Foodborne erver know if you have food allergies or other p	Illness.
•	7.50 6.50 nd May Be Se ellfish or Sea ase let your se	<ul> <li>4.50 Milk (2% or Non-Fat)</li> <li>2.75 Fresh Squeezed Orange Juice</li> <li>6.25 Fresh Squeezed Grapefruit Juice</li> <li>7.50 Cranberry or Pineapple Juice</li> </ul>

Served with Breakfast Potatoes, Seasoned Sliced Tomatoes or Fresh Fruit

Bacon or Sausage & Eggs, Any Style Smoked Bacon or Link Sausage and Two Eggs \* 16.50

Eggs Benedict Two Poached Eggs on Grilled Canadian Bacon and Toasted English Muffin, Topped with Homemade Hollandaise Sauce \* 16.75

Spanish Scramble Three Eggs Scrambled with Red and Green Bell Peppers, Onion, Black Olives and Diced Tomato, Served with Sliced Avocado, Queso Fresco and Grilled Jalapeño 16.50

## **OMELETTES**

Three Egg Omelettes, Served with Breakfast Potatoes, Seasoned Sliced Tomatoes or Fresh Fruit

Three Egg Omelette (Plain) 13.75

Additional Items Add 50¢ Each: Bell Peppers, Mushrooms, Ham, Onions, Bacon, Tomato, Spinach, Cheddar, Bleu, Mozzarella or Swiss Cheese Avocado Add 1.50

Denver Omelette Diced Ham, Red and Green Bell Pepper, Onion and Cheddar Cheese 17.50

#### SIDE ORDERS

Smoked Bacon or Link Sausage	6.50
Two Eggs *	7.75
Cottage Cheese	5.00
Breakfast Potatoes	4.50
Toast or English Muffin	3.00
Bagel with Cream Cheese	6.75
Low Fat Yogurt with Fresh Berries and/or Bananas Add 1.00	6.50

#### **BEVERAGES AND JUICES**

		Regular or Decaf Coffee Organic	4.50
FRUITS		Hot Tea	3.75
Fresh Half Grapefruit	4.50	Hot Chocolate	3.50
•		Milk (2% or Non-Fat)	3.50
Sliced Banana	2.75	Fresh Squeezed Orange Juice	4.25/5.50
Fresh Half Seasonal Melon	6.25	Fresh Squeezed Grapefruit Juice	4.25/5.50
Fresh Berries	7.50	Cranberry or Pineapple Juice	4.25/5.50
Fresh Seasonal Fruit	6.50	Apple or Tomato Juice	4.25/5.50
Not all ingredients are listed in the menu. P	lease let your s	erved Raw or Undercooked. Consuming Ra food May Increase your Risk of Foodborne erver know if you have food allergies or other p mation is available upon request	

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